

Molly O'Shea, MD

Molly O'Shea graduated from Marian High School and went on to complete her undergrad and medical school education at the University of Michigan. After finishing her residency in pediatrics at The Children's Hospital of Michigan in Detroit, Dr O'Shea joined a successful pediatric practice that had a focus on behavioral and mental health, a deep seeded interest of hers and was the managing partner for years. Dr John Dorsey was her friend and mentor in that practice and someone who had a huge role in Common Ground's history.

Dr Molly, as she is known, eventually wanted to do things differently and started her own practice, Birmingham Pediatrics and later Campground Pediatrics which focus on traditional medicine delivered in non-traditional ways. With exam rooms set up like living rooms, no group waiting areas, home visits for newborns, and patients with direct access to doctors' cell and email, the goal was to create relationship and break down barriers. Having a psychologist on site starting in 2010 was way ahead of the curve to deliver complete wellness-oriented care to their families.

Dr Molly has been a consultant to businesses as well bringing her out of the box thinking to companies like LinkedIn, Google, and recently was the in-house Wellness Consultant for FordDirect in 2022 to help support the return to work transition. She has talked on the national and international stage about Burn Out, Emotional Intelligence in the Workplace, Managing Stress and Anxiety, and at the 2023 Legacy of Hope breakfast Dr Molly will be discussing Burn Out or More? When Changing Your Job Won't Solve The Problem.