## Growth & Healing Group

Come meet other girls with similar experiences, make friends, heal and become empowered in a safe environment!

This 10-week empowerment group is open to girls between the ages of 13 and 19 who have experienced sexual abuse, childhood sexual abuse, date rape or incest.

Mondays, 4:00pm-6:00pm Next Group Starts January 4th, 2021 Via Zoom

Space is limited! Please contact Autumn Ameye at **248-451-2623** or **aameye@cghelps.org** to register or obtain information if you or a friend is interested.

\*There is NO CHARGE for this group\*



Major funding for this and other programs through the Victim Assistance Program comes from the Michigan Crime Victim Services Commission.

24-hour Crisis Telephone & Text Line: **800-231-1127** 24-hour Crisis Chat Line: **commongroundhelps.org** 

