



Common Ground
helping people move from crisis to hope

30200 Telegraph Road
Suite 300
Bingham Farms, MI 48025
800-231-1127
CommonGroundHelps.org

Behavioral/Mental Health Resources

Here you will find resource links to different behavioral/mental health therapy options. If you need assistance with this resource, please make an appointment to speak with a Victim Navigator.

Common Ground's Behavioral Health Urgent Care – <https://commongroundhelps.org/get-help/behavioral-health-urgent-care/>

Oakland Community Health Network – <https://www.oaklandchn.org/>

Hope 365 – <https://hope365wellness.org/>

Easter Seals/MORC – <https://www.easterseals.com/MORC/>

Training Treatment Innovations (TTI) – <https://ttiinc.org/>

North Oakland Community Coalition (NOCC) – <https://www.noccmi.org/>

Psychology Today- <https://www.psychologytoday.com/us>

EMDR International Association – <https://www.emdria.org/find-an-emdr-therapist/>

EMDR Institute, Inc. – <https://www.emdr.com/SEARCH/index.php>

La Familia – <https://centromulticultural.org/>

ACCESS – <https://www.accesscommunity.org/>

Financial Assistance Resources

These resources may be able to assist you with financial reimbursement for the financial impact of trauma you have experienced or are experiencing.

[Oakland Community Health Network-Oxford School Mental Health Funding Assistance/Co-Pay Reimbursement](#): Oakland County's Board of Commissioners (BOC) is partnering with the Oakland Community Health Network (OCHN) to launch an Oxford School Mental Health Funding Assistance Program in support of persons directly impacted by the Oxford tragedy. The BOC has committed \$500,000 to provide students of Oxford schools and their families, as well as school administrators and staff, with up to \$4,000 per household for assistance with insurance co-pay / deductible payments associated with mental health care.

Journey Lutheran-Caring for Oxford: Called to be compassionate and caring to those who surround us, Journey Lutheran has established a "Caring for Oxford" fund that will seek to provide financial resources for mental health care expenses to those who may be emotionally, mentally, spiritually or physically struggling following the tragic Oxford High School shooting on November 30, 2021.

Michigan Crime Victim Compensation: Anyone can become a victim of crime. The physical, emotional, and financial impact of trauma can last far beyond the crime itself. But you are not alone. If you or someone you know is a victim of crime, certain expenses may qualify for Crime Victim Compensation coverage. This program may help pay out-of-pocket medical expenses, lost earnings, funeral bills, counseling, or other expenses for people who have been harmed as the direct result of a crime.

Mass Violence Resources

For more resources and coping strategies on Mass Violence please go to:

National Mass Violence website – <https://nmvvrc.org/>

National Mass Violence Center – Virtual Resiliency Center <https://massviolence.help/>

The National Child Traumatic Stress Network – <https://www.nctsn.org/>