



Community Resources

Sometimes a healing journey can go beyond needing coping tips-strategies, behavioral/mental health resources, and financial assistance resources; here you will find links to other community resources and supports. If you need more assistance in finding resources, please feel free to <u>reach out to us</u>.

- Common Ground Resources & Crisis Hub 1-800-231-1127
 https://commongroundhelps.org/
- Common Ground's Victim Assistance Program 248-451-2622
 https://commongroundhelps.org/
- Frontline Strong 1-833-347-8766 https://fst5.org/
 - This project aims to help first responders and their families overcome invisible injuries and stress caused by the difficulties of their professions, and to improve the quality of their life and prosperity.
- Oakland County Community Resources
 https://www.oakgov.com/community/resources
- Oakland County Resources http://www.oaklandcountyresources.org/
- Michigan United 2-1-1 https://mi211.org/
 - A search engine to assist you in finding local resources such as food, housing, assistance paying bills, and more.
- Michigan DHHS-MIBridges Resource Link https://newmibridges.michigan.gov/s/isd-explore-
 resources?language=en US#0\$\$ka0t0000008nnsAAA\$ka0t00000008nnRAAQ
- Find Help https://www.findhelp.org/
 - A search engine using your zip code to find resources for free or reduced-cost resources like food, housing, financial assistance, health care, and more.
- Grief Share https://www.griefshare.org/







- o A search engine to find local grief support groups.
- Henry Ford-SandCastles Grief Support Program for Children, teens, and families https://aboutsandcastles.org/
- Michigan Resource for Grieving Families <a href="https://www.michigan.gov/-/media/Project/Websites/mdhhs/Folder4/Folder22/Folder3/Folder122/Folder2/Folde
- Michigan Legal Help https://michiganlegalhelp.org/
 - Michigan Legal Help has tools and information to help you understand and manage legal issues.
- State Bar of Michigan Find-a-Lawyer Search https://lrs.michbar.org/Find-a-Lawyer
 - o This search helps you find an attorney for legal matters.
- Lakeshore Legal Aid https://lakeshorelegalaid.org/
 - Lakeshore Legal Aid is a not-for-profit law firm providing a range of free civil legal services to people who are low income, older adults, and survivors of domestic violence and sexual assault in our communities.
- Community Housing Network https://communityhousingnetwork.org/
 - Community Housing Network is a nonprofit organization committed to helping Metro Detroiters build thriving communities and overcome homelessness and housing instability.
- OLHSA https://www.olhsa.org/en-us/complete-services
 - Oakland Livingston Human Service Agency (OLHSA) is a Community Action Agency formed in 1964 as part of President Lyndon B. Johnson's War on Poverty. OLHSA supports Oakland and Livingston County residents that are looking for assistance in removing the burdens of poverty. We provide individually tailored, wrap-around assistance for all individuals and families in need of help.
- Light House https://lighthousemi.org/
 - Provides a variety of services such as shelter and rehousing services; eviction protection; food services; Runaway & Homeless Youth Programs.
- Hope Shelter https://www.hopeshelters.org/
 - HOPE provides safe and judgment-free shelter, innovative programs and public advocacy to end homelessness. HOPE is committed to helping each

guest resolve their homelessness and identify a network of supportive services delivered in a trauma-informed setting.

- Grace Centers of Hope https://gracecentersofhope.org/
 - Grace Centers of Hope is a non-profit, Christian organization committed to positively changing the lives of the unwanted, addicted, and homeless through the Gospel of Jesus Christ, personal accountability, life skills education, and work-related programs.
- Welcome Inn https://www.sochwi.org/
 - South Oakland Citizens for the Homeless: Welcome Inn Day Center the nonprofit organization dedicated to providing community response to homelessness since 2003. Our mission is to provide a safe and welcoming space for those experiencing homelessness, offering compassionate support and practical assistance to help people transition out of difficult situations.
- HAVEN https://www.haven-oakland.org/
 - Oakland County's only comprehensive program for victims of domestic violence and sexual assault. HAVEN provides shelter, counseling, advocacy and educational programs.
- Care House of Oakland County https://www.carehouse.org/
 - We are a Child Advocacy Center providing first rate services to victims of child abuse with a vision to impact the safety of every child in Oakland County.

Food Banks

- Gleaners Community Food Bank https://www.gcfb.org/
- Forgotten Harvest https://www.forgottenharvest.org/find-food/