

# Community & Victim/Survivor Resources

Common Ground United Resiliency

## If seeking Private Mental Health services online/virtual:

**Common Ground's Behavioral Health Urgent Care –**  
<https://commongroundhelps.org/get-help/behavioral-health-urgent-care/>

## If seeking Private Mental Health services in Clinton, Eaton or Ingham County:

Visit [Psychology Today](#) or [APA Locator](#) to find a provider.

**View the Tri-County's list of Mental Health Providers [HERE](#)\***

*Includes therapy & psychiatry. Highlights accepted insurances. \*CG United Resiliency does not endorse any of the listed providers or their services.*

## If seeking Community Mental Health services in Clinton, Eaton or Ingham County:

**Contact Community Mental Health Authority of Clinton, Eaton, Ingham (CMHA-CEI)**  
812 East Jolly Road  
Lansing, MI 48910  
**Access/Adult Mental Health Services: 517-346-8318**  
24-Hour Crisis Services: 517-346-8460  
Website: [ceicmh.org](http://ceicmh.org)

## Emergency Basic Needs

### Capital Area Community Services (CACS)

Lansing/East Lansing Service Center  
1301 Rensen St.  
Lansing, MI 48910  
Phone: 517-393-7077  
Website: [cacs-inc.org](http://cacs-inc.org)

*Works toward eliminating the causes and conditions of poverty in Ingham, Eaton, Clinton, and Shiawassee counties by providing programs in childhood education, nutrition, weatherization, housing, and financial counseling.*

### Cristo Rey Community Center

1717 N High Street  
Lansing, MI 48906  
Phone: 517-372-4700  
Website: [cristoreycommunity.org](http://cristoreycommunity.org)

*Nonprofit basic-needs service center that provides access to food, medical care, and counseling programs to vulnerable populations within the Greater Lansing community.*

## Employment Resources

### Capital Area Michigan Works!

Phone: 800-285-WORK (9675)  
Website: [camw.org](http://camw.org)

*Provides employment services to youth and adults in Clinton, Eaton and Ingham counties, such as resume building, on-the-job training, GED testing, vocational skills, employability training & counseling.*

### Michigan Rehabilitation Services

Phone: 517-241-5324  
Website: [michigan.gov/mrs](http://michigan.gov/mrs)  
*Develops customized workforce solutions for businesses and individuals with disabilities.*

### Peckham

3510 Capital City Blvd.  
Lansing, MI 48906  
Phone: 517-316-4000  
Website: [peckham.org](http://peckham.org)  
*Nonprofit vocational rehabilitation organization that provides job training opportunities for persons with significant disabilities and other barriers to employment.*

## Food Assistance

### Greater Lansing Foodbank (GLFB)

5600 Food Court  
Bath, MI 48808  
Phone: 517-853-7800  
Website: [greaterlansingfoodbank.org](http://greaterlansingfoodbank.org)  
*Food assistance, resources, food pantries & mobile distributions. Serving the Mid-Michigan counties of Clare, Clinton, Eaton, Gratiot, Ingham, Isabella, and Shiawassee.*

### Meals on Wheels

Tri-County Office on Aging  
5303 South Cedar, Bldg. 1  
Lansing, MI 48911  
Phone: 517-887-1440  
Website: [tcoa.org/nutrition/meals-on-wheels](http://tcoa.org/nutrition/meals-on-wheels)  
*Serves Ingham, Clinton, and Eaton counties.*

## Grief Support

### Ele's Place

Phone: 517-482-1315  
Website: [elesplace.org](http://elesplace.org)  
*Healing center for grieving children, teens, young adults, and their families. No-cost support programs including weekly peer support groups.*

# Community & Victim/Survivor Resources

Common Ground United Resiliency

## Grief Support (continued)

### **The Dinner Party (National)**

Website: [thedinnerparty.org](http://thedinnerparty.org)

*A virtual community of 21–45-year-olds who have each experienced the loss of a parent, partner, child, sibling, other close family member, or close friend.*

## Housing

### **Capital Area Housing Partnership (Ingham County)**

600 W. Maple St.

Suite D

Lansing, MI 48906

Phone: 517-332-4663

Website: [capitalareahousing.org](http://capitalareahousing.org)

*Buys and rehabilitates homes to sell and offers quality affordable rental housing for eligible persons. Eligibility based on household size and income. Offers a variety of programs and services including rental counseling, homeless assistance, homebuyer education, financial workshops etc.*

### **Housing Services Mid-Michigan (Eaton & Clinton County)**

Eaton County Office

319 S. Cochran Ave.

Charlotte, MI 48813

Phone: 517-541-1180

Clinton County Office

(Inside DHHS Office)

105 W. Tolles Dr.

Saint Johns, MI 48879

Phone: 989-224-5538

Website: [hs-mm.org](http://hs-mm.org)

*Provides homelessness prevention programs, mainstream vouchers, foreclosure prevention, homebuyer education, supportive housing programs, and PATH team to find and assist the area's homeless population in securing shelter options which will lead to permanent housing possibilities.*

### **Lansing Housing Commission**

419 Cherry St.

Lansing, MI 48933

Phone: 517-487-6550

Website: [lanshc.org](http://lanshc.org)

*Public Housing Agency that provides rental housing units and rental assistance to families.*

## Law Enforcement

### **Clinton County Sheriff's Office**

Phone: 9-1-1 or 989-224-5200

Website: [clinton-county.org/241/Sheriffs-Office](http://clinton-county.org/241/Sheriffs-Office)

### **East Lansing Police Department**

Phone: 9-1-1 or 517-351-4220

Chief of Police: Kim Johnson

Website: [cityofeastlansing.com/345/Police-Department](http://cityofeastlansing.com/345/Police-Department)

### **Eaton County Sheriff's Office**

Phone: 9-1-1 or 517-543-3512

Website: [eatoncounty.org/356/Office-of-the-Sheriff](http://eatoncounty.org/356/Office-of-the-Sheriff)

### **Ingham County Sheriff's Office**

Phone: 9-1-1 or 517-676-2431

Website: [sh.ingham.org](http://sh.ingham.org)

### **MSU Department of Police & Public Safety**

Phone: 9-1-1 or 517-355-2221

Website: [dpps.msu.edu](http://dpps.msu.edu)

## Legal Assistance

### **Michigan Legal Help**

<https://michiganlegalhelp.org/>

*Michigan Legal Help has tools and information to help you understand and manage legal issues.*

### **Legal Services of South-Central Michigan**

Lansing Office (Clinton, Eaton, Ingham, Livingston, Shiawassee)

3490 Belle Chase Way #50

Lansing, MI 48911

Phone: 888-783-8190

Website: [lsscm.org](http://lsscm.org)

*Provides free legal advice and representation to low-income individuals, families, and older adults.*

### **St. Vincent Catholic Charities' Immigration Law Clinic**

2800 W. Willow St.

Lansing, MI 48917

Phone: 517-323-4734 ext. 1800

Website: [stvcc.org/services/immigration/](http://stvcc.org/services/immigration/)

*Programs and services include adoption, foster care, counseling services, refugee resettlement and immigration law clinic.*

## LGBTQ+

### **Salus Center**

#### **Lansing's LGBTQIA+ Community Center**

408 S. Washington Sq.

Lansing, MI 48933

Phone: 517-580-4593

Website: [saluscenter.org](http://saluscenter.org)

*Serves Lansing's LGBTQIA+ communities as a gathering space and information hub. Hosts support groups, workshops, resource fairs and other events.*

# Community & Victim/Survivor Resources

Common Ground United Resiliency

## LGBTQ+ (continued)

### TRUE Support Group (Child & Family Charities)

Phone: 725-222-TRUE (8783) \*Accepts voicemail & text

Website: [childandfamily.org](http://childandfamily.org)

Homepage > Services > Gateway > TRUE

*The LGBTQIA+ Support Group, or T.R.U.E. (Teens Respecting and Understanding Each Other) helps lesbian, gay, bisexual, transgender, and questioning youth between the ages of 14 and 18 in the Lansing area.*

## Peer Support Groups (Local & National)

### NAMI Lansing (Local)

3500 S. Cedar Suite 110

Lansing, MI 48910

Phone: 517-484-3404

Website: [namilansing.org](http://namilansing.org)

*Offers both family & peer-led mental health support groups in person or on Zoom.*

### Hey Peers

Website: [heypeers.com](http://heypeers.com)

*Live online peer support groups for life's challenges.*

### The Tribe Wellness Community

Website: [support.therapytribe.com](http://support.therapytribe.com)

*Free online support communities encompassing Addiction, Anxiety, Depression, HIV/AIDS, LGBTQ, Marriage & Family, OCD and Teens.*

## Mass Violence Resources

**National Mass Violence Center** – <https://nmvvc.org/>

**National Mass Violence Center – Virtual Resiliency Center**

<https://massviolence.help/>

**The National Child Traumatic Stress Network –**

<https://www.nctsn.org/>

## Michigan Crime Victim Compensation

### Michigan Health & Human Services -

<https://www.michigan.gov/mdhhs/safety-injury-prev/publicsafety/crimevictims/crime-victim-compensation>

*Anyone can become a victim of crime. The physical, emotional, and financial impact of trauma can last far beyond the crime itself. But you are not alone. If you or someone you know is a victim of crime, certain expenses may qualify for Crime Victim Compensation coverage. This program may help pay out-of-pocket medical expenses, lost earnings, funeral bills, counseling, or other expenses for people who have been harmed as the direct result of a crime.*

## Michigan State University

### Office for Resources & Support Coordination

Email: [orsc@msu.edu](mailto:orsc@msu.edu)

*Coordinates the university's continued response and supportive resources following the Feb. 13 violence on*

*campus. Provides a central point of contact for families and survivors, as well as the broader community.*

### Counseling & Psychiatric Services (CAPS)

CAPS Crisis Line: 517-355-8270

Website: [caps.msu.edu](http://caps.msu.edu)

*Mental health services include short-term individual counseling, group counseling, medication, referrals to other services and more. Virtual & in-person services available.*

### Department of Psychiatry

Psychiatry Clinic

Michigan State University

West Fee Hall

909 Wilson Rd., Room B119

East Lansing, MI 48824

Phone: 517-353-3070

Website: [psychiatry.msu.edu](http://psychiatry.msu.edu)

*Committed to quality education and training of future psychiatrists. Psychiatry clinic treats children, adolescents, and adults of all ages. Patient care may be provided by a resident or faculty physician.*

### Employee Assistance Program (EAP)

Michigan State University

Linton Hall

479 West Circle Drive, Room 110

East Lansing, MI 48824

Phone: 517-355-4506

Website: [eap.msu.edu](http://eap.msu.edu)

*Confidential counseling service provided at no cost to MSU faculty, staff, retirees, graduate student employees, and their families.*

### MSU Center for Survivors

Student Services Building, Suite 207

556 E. Circle Drive

East Lansing, MI 48823

Phone: 517-355-3551

Website: [centerforsurvivors.msu.edu](http://centerforsurvivors.msu.edu)

*Provides free and confidential individual counseling, advocacy, and support groups for sexual assault survivors and all others who are impacted by sexual violence. Serves MSU students and community.*

### MSU Safe Place

Phone: 517-355-1100

Website: [safeplace.msu.edu](http://safeplace.msu.edu)

*Addresses relationship violence and stalking. Provides free and confidential advocacy, shelter, counseling, support groups, safety planning, information, and referrals to survivors in the MSU community. Serves non-affiliated members in the surrounding communities as space and staffing allow.*

## Shelters

### Advent Ministries

743 N. Martin Luther King Blvd.

Lansing, MI 48915

Phone: 517-485-4722

Website: [adventhouse.com](http://adventhouse.com)

*Offers a host of services and programs designed to help the homeless and impoverished in our community succeed and thrive. WEEKEND DAY SHELTER ONLY.*

### City Rescue Mission

Phone: 517-485-0145

Website: [bearescuer.org](http://bearescuer.org)

*A Christian ministry founded in 1911 providing food, shelter, and hope in Michigan's capital area.*

Women and Children's Shelter

2216 S Cedar

Lansing, MI 48910

Men's Shelter

607 E Michigan

Lansing, MI 48912

### Higher Ground Emergency Shelter

Contact Hotline: 877-833-3689

*Emergency shelter for minor youth ages 12-17 who are without safe, stable, and appropriately supervised housing. Short term shelter (up to 21 days) is available while family reunification or alternative safe housing is secured.*

### Hannah's House of Lansing

PO Box 14013

Lansing, MI 48901

Phone: 517-482-5856

Website: [hannahshouselansing.org](http://hannahshouselansing.org)

*A Christian, extended care shelter providing pregnant women with housing, supportive programs, and spiritual guidance during the pregnancy and up to six months after the baby is born.*

### Haven House

121 White Hills Drive

East Lansing, MI 48823

Phone: 517-337-2731

Website: [havenhouseel.org](http://havenhouseel.org)

*Emergency homeless shelter for families.*

### Loaves & Fishes Ministries

831 N Sycamore St.

Lansing, MI 48906

Phone: 517-482-2099

Website: [loavesandfisheslansing.org](http://loavesandfisheslansing.org)

*Provides short-term emergency and long-term transitional housing, advocacy and support services for homeless adults and children.*

### Veterans Affairs Shelter

430 N Larch

Lansing, MI 48912

877-509-8387

## Spiritual Resource

### Interfaith Clergy Association of Greater Lansing

Website:

[facebook.com/InterfaithClergyAssociationofGreaterLansing](https://facebook.com/InterfaithClergyAssociationofGreaterLansing)

## Substance Use

### Lansing Central AA

24-Hour Hotline: 517-377-1444

1915 E Michigan Ave. Suite D

Lansing, MI 48912

Website: [aalansingmi.org](http://aalansingmi.org)

*Over 400 meetings a week in the tri-county area (Ingham, Eaton, and Clinton Counties).*

### Rise Recovery Community

217 N Sycamore St.

Lansing, MI 48933

Phone: 517-703-3389

Helpline: 1-800-869-8699

Website: [rrclansing.org](http://rrclansing.org)

*Structured supportive recovery housing program. Also has sober-living Club Rise community center that is open to the public with recreational activities and self-help meetings.*

### Substance Use Disorder Resource Guide (Ingham County)

Ingham County Health Department

Website: [hd.ingham.org/SeekingCare/SubstanceUse.aspx](http://hd.ingham.org/SeekingCare/SubstanceUse.aspx)

*Comprehensive resource guide updated in 2022 that includes local outpatient and residential treatment, support groups, harm reduction resources, medication assisted treatment, wellness resources and more.*

## Transportation

### Capital Area Transportation Authority (CATA)

CATA Transportation Center (CTC)

420 S. Grand Ave.

Lansing, MI 48933

Phone: 517-394-1000

Website: [cata.org](http://cata.org)

*Regularly scheduled routes; curb-to-curb, paratransit, and special services; and MSU campus services during fall & spring semesters.*

# Community & Victim/Survivor Resources

Common Ground United Resiliency

## Veteran Affairs

### VA Ingham County

Human Services Bldg. Entrance 2  
5303 S. Cedar  
Lansing, MI 48911  
Phone: 517-887-4331  
Website: [va.ingham.org](http://va.ingham.org)

## Victim Assistance

### Capital Area Response Effort (CARE)

Phone: 517-272-7436  
*Post-arrest response team for survivors of intimate partner domestic violence and sexual assault.*

### End Violent Encounters (EVE)

PO Box 14149  
Lansing, MI 48901  
24-Hour Crisis Line: 517-372-5572  
Admin Office: 517-372-5976  
Website: [eveinc.org](http://eveinc.org)  
*Supportive services to survivors of domestic and sexual violence, stalking and elder abuse in Ingham County.*

### Firecracker Foundation

2450 Delhi Commerce Drive #9  
Holt, MI 48842  
Phone: 517-742-7224  
Website: [thefirecrackerfoundation.org](http://thefirecrackerfoundation.org)  
*Holistic healing services to child survivors of sexual trauma under the age of 18 and their families in Clinton, Eaton, and Ingham counties. Services include therapy, advocacy, and trauma-sensitive yoga.*

### Safe Center – Shiawassee & Clinton Counties

24-Hour Crisis Line: 877-952-7283  
Website: [thesafecenter.org](http://thesafecenter.org)  
*Provides emergency services (temporary and safe housing for women and children), counseling and advocacy.*

Shiawassee Administrative Office  
1300 N. Hickory St.  
Owosso, MI 48867

Clinton Administrative Office  
325 North Clinton Avenue  
St. Johns, MI 48879

### Sparrow Forensic Nurse Examiner (FNE) Program

Phone: 517-364-3931  
Website: [sparrow.org/departments-conditions/all-departments/emergency-medicine/sparrow-forensic-nurse-examiner-fne-program](http://sparrow.org/departments-conditions/all-departments/emergency-medicine/sparrow-forensic-nurse-examiner-fne-program)  
*Providing care for survivors (adult and pediatric) of sexual assault, intimate partner violence, human trafficking, child and vulnerable adult abuse and domestic violence.*

### Small Talk Children's Advocacy Center

3400 Pine Tree Road  
Lansing, MI 48911  
Phone: 517-253-0728  
Website: [smalltalkcac.org](http://smalltalkcac.org)  
*Nonprofit organization dedicated to providing hope, healing and justice for children and families impacted by abuse in Ingham and Eaton counties.*

## Women

### Women's Center of Greater Lansing

1710-1712 E. Michigan Ave.  
Lansing, MI 48912  
Phone: 517-372-9163  
Website: [lansingwomen.org](http://lansingwomen.org)  
*Nonprofit organization that provides support services to women including career counseling and resume preparation, individual counseling, and a wide range of support groups and workshops.*

## Youth & Families

### Boys & Girls Club of Lansing

4315 Pleasant Grove Rd.  
Lansing, MI 48910  
Phone: 517-394-0455  
Website: [bgclansing.org](http://bgclansing.org)  
*Nonprofit youth development organization that offers a variety of programs spanning education, health & wellness, the arts, teen & young adults, and career development.*

### Child and Family Charities

4287 Five Oaks Dr.  
Lansing, MI 48911  
Phone: 517-882-4000  
Runaway Hotline: 877-833-3689  
Website: [childandfamily.org](http://childandfamily.org)  
*Offers child abuse prevention & child welfare services, behavioral health screening & counseling, independent living, and housing programs.*